

# ANIMATION AND ACCOMPANIMENT AS FORMATION

Challenges  
for the  
Superiors  
and  
Benefits



# ONGOING FORMATION



**In each phase of our life  
we are in formation:**

*“For us not to make progress,  
would be to recede”.*

**In our life we allow  
ourselves to be guided by  
the plan of the love of  
God.**

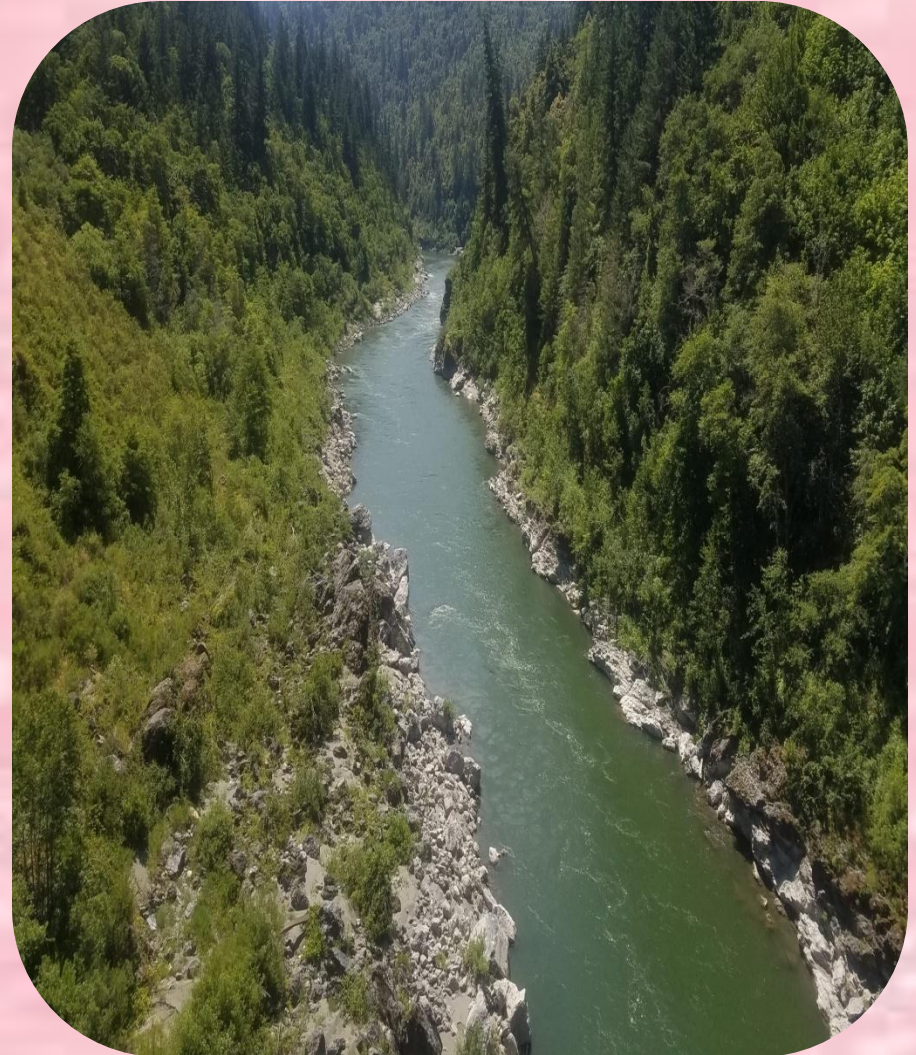
# 1. Formation is an intrinsic requirement

(cf. VC 69)



## 2. Formation is a life- long process

Religious Formation  
involves  
our whole person...  
And is carried on  
all through life...



### 3. Formation for Transformation

Through  
Religious Consecration  
one is expected  
to bring to life  
the “New Creature,”  
who reflects  
the very mind of Christ.



## 4. Place of formation : Apostolic Community

Good Community atmosphere is the key to a successful growth in Religious Life. The atmosphere itself has a formative character.



## II. Animation and Accompaniment





# ANIMATION

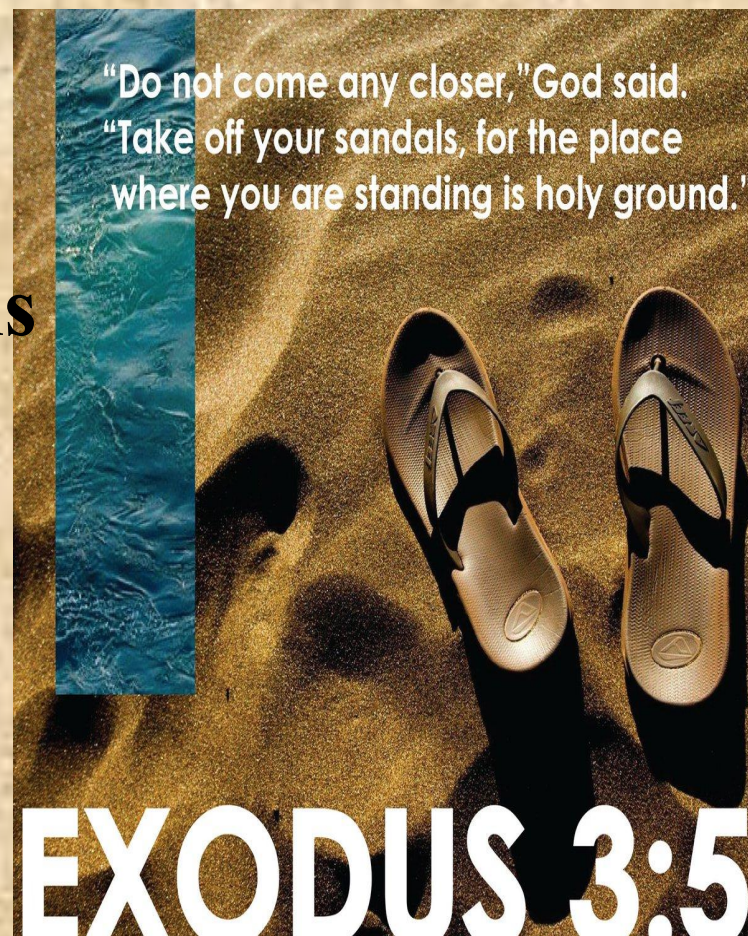


Animation  
gives a *sense  
of direction*  
towards the  
goal.

# ACCOMPANIMENT

**“The Church will have to initiate everyone (Priests, Religious and Laity) into this art of accompaniment which teaches us to remove our sandals before the sacred ground of the others.”**

**EG 169**



**“ Spiritual Accompaniment**  
must lead others ever closer  
to God... to accompany  
them would be counter  
productive if it became a  
sort of therapy supporting  
their self-absorption and  
ceased to be a pilgrimage  
with Christ to the Father.”

EG.170



# DISCIPLES ON THE ROAD TO EMMMAUS (Lk: 24 )



# SAMARITAN WOMAN

(Jn : 4 )



We need living testimony of accompaniment of individual Sisters and the Communities **on their journey towards sanctity and a total donation of one's own life towards the apostolic commitments inherent in the vocation received from the Lord.**

# III. ANIMATION AND ACCOMPANIMENT IN THE Congregations



# RENEWAL OF RELIGIOUS LIFE

1. To reclaim the founding charism by a **return to the sources**
2. To listen to the Spirit by feeding on the **Word of God** and the signs of the times
3. To revitalize **Community life**
4. To give importance to **initial and ongoing formation.**
5. To create **new forms of apostolate**
6. To redefine the **exercise of authority** according to the Gospel
7. To welcome and promote different **cultures.**

Perfectae Caritatis



## IV. BENEFITS OF ANIMATION AND ACCOMPANIMENT



## V. CHALLENGES OF ANIMATION AND ACCOMPANIMENT



If it doesn't  
**challenge** you!  
It doesn't  
**change** you!

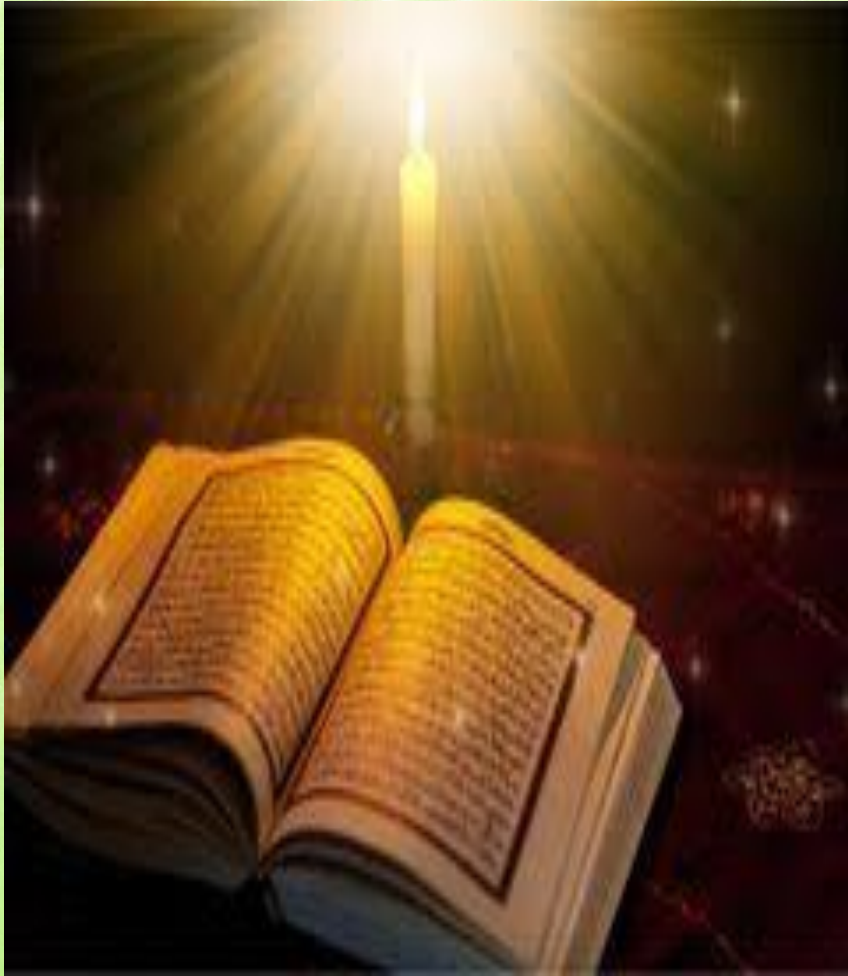
# VI. ACCOMPANIMENT: A TIME OF RENEWAL AND GROWTH



# 1. The Role of Leadership

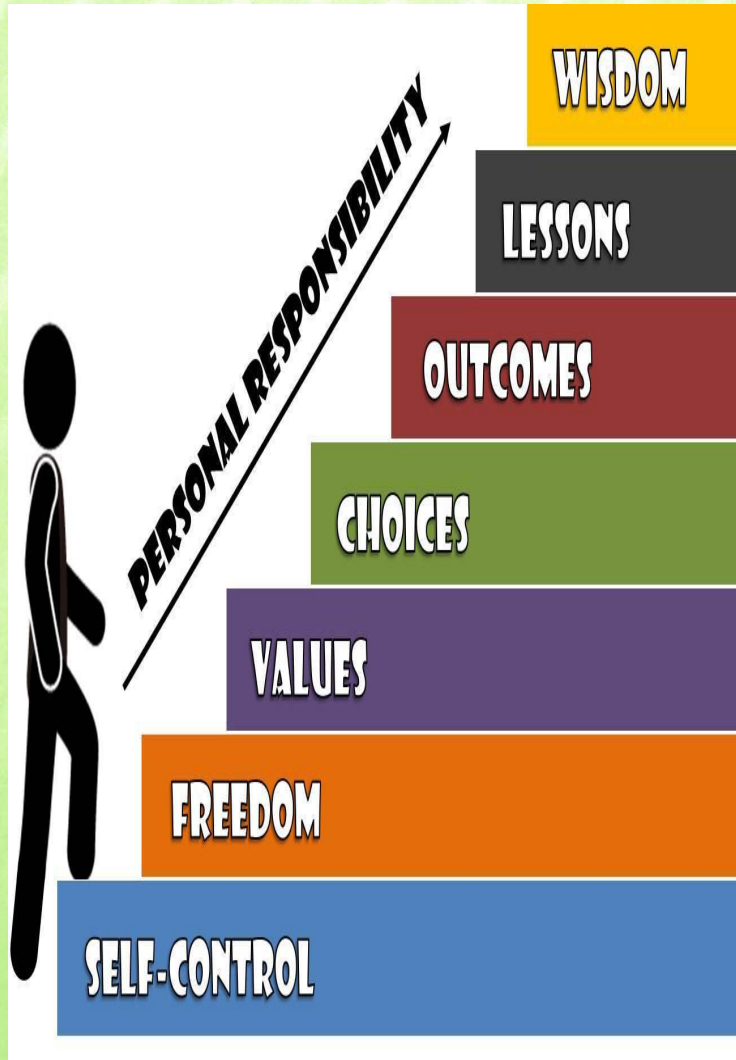
“ I hope that God  
who has called you  
to guide your Sisters  
will take away your spirit and will give you His own  
to carry out His work ...  
Be careful not to lose sight of anyone”.

## 2. The Word of God



We listen  
to the Word of God  
and meditate on it  
daily  
to imprint in us  
the traits of  
the Incarnate Word.

# 3. Personal Responsibility



Spiritual life  
(especially the process  
of  
continuous conversion  
in docility to the Spirit)  
is a **choice**.

# **SUGGESTIONS**

The Delegation Council of your congregation could bring out the following policy documents. In these docs the animation and accompaniment obligations will find a special mention and follow up too.

- 1. Instrument of Accompaniment**
- 2. Instrument of Visitation**

# CONCLUSION

“ Do not be afraid  
to listen to the Spirit  
who proposes bold choices;  
Do not delay when your  
conscience  
asks you to take risks  
in following the Master”.





# QUESTIONS FOR REFLECTION

1. Animation gives clarity to the vision of the Province/delegation. What type of Animation (Human, Charismatic etc) for the Sisters of various age groups in your delegation to take up various challenges in the present scenario in order to move forward in your journey? Consequently, what type of Accompaniment ? Give suggestions to strengthen the Animation and Accompaniment in your congregation?
2. Give suggestions to convince our Sisters of the need for Animation and Accompaniment.
3. What is my attitude toward Animation and Accompaniment as a superior of the community?

Thank

you

